

FREE WIFI! Password "Martello"

BREAKFAST Served until 12pm		Peppered brisket, sauerkraut, russian dressing, open sandwic
TOAST & PRESERVES (ve, df, gf available)	4.25	AVOCADO & GOATS CHEESE (vg, gf available) Peppers, pomegranate & mixed seeds, open sandwich
Granary or white bloomer	4.23	SMOKED SALMON TARTARE (gf available)
SEAYOU BREAKFAST (df, gf available)	12.15	Dill cream cheese, open sandwich
Two sausages, two bacon, tomato, black pudding, hash brown, mushroom, fried egg & toast		BRIE & ROCKET (vg, gf available) Fig & honey chutney, toasted sandwich
VEGAN BREAKFAST (ve, df, gf) Vegan sausage, tomato, smashed avocado, hash brown, mushroom, baked beans & toast	11.85	KOREAN CHICKEN FLATBREAD (df) Salad
PANCAKE STACK Bacon & maple syrup	7.55	FALAFEL FLATBREAD (ve,df) Cucumber, tomato, lettuce, picked red onion & tahini sauce
EGGS BENEDICT Florentine (Spinach) (vg) Royale (Salmon) Bacon	7.15 8.25 7.95	KING PRAWN MARIE ROSE (df, gf available) Open sandwich
SMOKED KIPPER (gf,df)	8.55	LUNCHTIME Served 12pm to 4pm
Poached egg & spinach "BUMBLEBEE" CROISSANT FRENCH TOAST*	8.25	FISH & CHIPS (df,gf) Market fish, peas, tartare sauce
Yoghurt, mixed berries & honey *E1 from every sale will be donated to our chosen charity, The Bumblebee Children's Society		HADDOCK CHEDDAR FLORENTINE FISHCAKE Mixed side salad (gf)
chang, the barnstepee changers bodies		VEGETABLE & TOFU SHAKSHOUKA Flatbread (ve, df, gf available)
ALL DAY BRUNCH		CHEESE & GARLIC PIZZETTE (vg) Caramelised onion & balsamic
MUSHROOM ON TOAST (vg) Garlic & creme fraiche sauce	8.75	
Gartic & creme fraiche sauce FLOURED BRUNCH BAP (ve available) Bacon, sausage, vegan sausage, field mushroom, egg, Monterey Jack cheese, tomato 1 filling 2 fillings 3 fillings		SALADS & PLATTERS Served 12pm to 4pm
	5.95 6.95 7.95	GOLDEN BOWL (ve, df, gf) Trio of corn, pepper, tomato, cabbage, spring onion, mixed leaves, sweetcorn vinegerate
OPEN BAGEL Smoked salmon, lemon & herb cream cheese Smashed Avocado, toasted seeds	9.75	PLOUGHMANS Sausage roll, smoked ham, mature cheddar, piccalilli, pickles, tomatoes, dressed leaves, bread
& sunblushed tomato (ve)		KING PRAWN SALAD (df, gf) Corriander, new potatoes, tomatoes, olive & lemon dressing
SEAYOU AFTERNOON TEA From 2:30pm Booking only A selection of sandwiches & pork sausage roll.		CHICKEN CAESAR Streaky bacon, lettuce, croutons, parmasean shavings
Scone, Cornish clotted cream & strawberry jam. Selection of miniature cakes & patisseries. Choice		
	.25pp	SIDES Served 12pm to 4pm

(vg) VEGETARIAN | (gf) GLUTEN FREE | (ve) VEGAN | (df) DAIRY FREE

Please note our dishes may contain traces of nuts & key allegens. If you have any dietary requirements please inform a member of staff. Our kitchen food is all freshly prepared and may be delivered to you at a slightly different time to food from the deli counter.

SANDWICHES Served 12pm to 4pm	
CLASSIC RUEBEN (df, gf available) Peppered brisket, sauerkraut, russian dressing, open sandwich	8.25
AVOCADO & GOATS CHEESE (vg, gf available) Peppers, pomegranate & mixed seeds, open sandwich	7.85
SMOKED SALMON TARTARE (gf available) Dill cream cheese, open sandwich	8.75
BRIE & ROCKET (vg, gf available) Fig & honey chutney, toasted sandwich	7.95
KOREAN CHICKEN FLATBREAD (df)	8.25

## HTIME Served 12pm to 4pm 13.75

CHEDDAR FLORENTINE FISHCAKES 12.5 (qf)

1	0	 7!	5

11.75

7.5

8.55

SALADS & PLATTERS Served 12pm to 4pm	
GOLDEN BOWL (ve, df, gf) Trio of corn, pepper, tomato, cabbage, spring onion, mixed leaves, sweetcorn vinegerate	9.8
PLOUGHMANS Sausage roll, smoked ham, mature cheddar, piccalilli, pickles, tomatoes, dressed leaves, bread	12
KING PRAWN SALAD (df, gf) Corriander, new potatoes, tomatoes, olive & lemon dressing	12.9
CHICKEN CAESAR	12.9

Served 12pm to 4pm

CHIPS (ve,,gf,df) 3.	.95
SWEET POTATO FRIES (ve,df) 4.	.95
HOUSE SALAD (ve, df, gf) 4.	.95