



ORDER DIRECT TO YOUR  
TABLE FROM OUR APP



## BREAKFAST

Served until 12pm

### SEAYOU BREAKFAST (df, gf available) 13.65

Two sausages, two bacon, tomato, baked beans, hash brown, mushroom, fried egg & toast

### VEGAN BREAKFAST (ve, df, gf available) 12.95

Vegan sausage, tomato, smashed avocado, cauliflower hash brown, mushroom, baked beans & toast

### BREAKFAST BURRITO 8.95

Sausage, bacon, hash brown & cheese

### CHOCOLATE WAFFLE STACK (vg) 7.55

Madagascan Bourbon Vanilla ice cream & chocolate sauce

### EGGS BENEDICT (gf available) choose from; 7.25

- Mushroom (vg)
- Royale (Salmon)
- Bacon

8.35

8.05

### BREAKFAST BOWL (vg) 7.5

Greek yoghurt, granola, banana, mixed seeds & honey

### EGGS ON DOORSTOP TOAST (vg, df, gf available) 7.55

Choose from fried or poached egg

## ALL DAY BRUNCH

### TOASTED TEACAKE (vg) 2.95

### TOAST & PRESERVES (ve, df, gf available) 4.25

Granary or white bloomer

### AVOCADO & POMEGRANATE SOURDOUGH 8.95

Heritage tomatoes & mango salsa (ve, df, gf available)

### FLOURED BRUNCH BAP (ve available) 6.35

Choose from; bacon, sausage, vegan sausage, field mushroom, egg, cheese, tomato

- 1 filling
- 2 fillings
- 3 fillings

CHECK OUT THE  
SIZE OF OUR BAPS!

### SMOKED SALMON BAGEL (gf available) 9.85

Lemon & herb cream cheese

### BRUNCH FILLED CROISSANT (vg) 7.55

Avocado, rocket & fried egg

Fancy adding some crispy bacon? 1.5

(vg) VEGETARIAN | (gf) GLUTEN FREE | (ve) VEGAN | (df) DAIRY FREE

Please note our dishes may contain traces of nuts & key allergens.

If you have any dietary or allergy requirements please inform a member of staff before ordering.

Our kitchen food is all freshly prepared and may be delivered to you at slightly different times to our deli counter items



## SANDWICHES From 12pm

### CHICKEN & BACON CLUB (df, gf available) 9.25

Fried egg, mayonnaise, lettuce & tomato open sandwich

### VEGETABLE CRUMBED SPINACH (ve, df) 7.85

Pickled cucumber, carrot & beetroot houmous, open sandwich

### EGG MAYONNAISE & WATERCRESS (df, gf available) 7.85

Open sandwich

### KOREAN BBQ BEEF BRISKET 9.25

Spring onion, coriander, chilli, mozzarella & gochujang mayonnaise, on flatbread

### WHIPPED FETA & OLIVE (vg) 9

Red onion, peppers, sun-dried tomato, beetroot houmous & spinach, on flatbread

### KING PRAWN MARIE ROSE (df, gf available) 9.05

Open sandwich

ADD CHIPS 3.25



## SALAD BAR From 12pm

### CHOOSE A BASE

- INDIAN SUMMER SALAD  
Fresh quinoa, tomatoes, broad beans, chick peas, and mixed peppers, mild curry dressing (ve, gf, df)

- GARDEN SALAD  
Mixed leaves, cucumber, tomato, fennel & pickled red onion (ve, gf, df)

### CHOOSE 1 TOPPING

- Garlic confit chicken thigh (gf)
- Whipped feta & olive (vg, gf)
- Vegetable crumbed spinach bites (ve, gf, df)
- Crispy squid (df)
- Whitebait (df)

ALL NEW!

12.95



## LUNCHTIME From 12pm

### FISH & CHIPS (df, gf) 14.75

Market fish, garden peas, tartare sauce

### GARLIC CONFIT CHICKEN THIGH 9.55

Beetroot tzatziki, tomato & chips, in Lebanese flatbread

### QUICHE OF THE DAY 11.95

Potato salad & dressed leaves

### LOADED WAFFLE FRIES (gf) 13.05

- Pulled pork chilli, guacamole, salsa, sour cream & cheese (gf)
- BBQ pulled jackfruit, guacamole, salsa, & vegan cheese (ve, df, gf)



## SHARING BOARD

### VEGAN (ve, df) 16

Vegan sausage roll, spinach bites, vegetable crisps, pickled carrot & cucumber, avocado, olives, beetroot houmous & flatbread

### PLOUGHMANS 18

Sausage roll, scotch egg, ham hock terrine, mature cheddar, piccalilli, pickles, tomatoes, dressed leaves, bread & butter

### SEAFOOD 18

King prawns, whitebait, rollmop, smoked salmon, crispy squid, lime & roasted garlic aioli, dressed leaves, bread & butter